



## 7-MINUTE SPEED CLEANING CHECKLIST

# Cleaning Checklist

Get ahead of all the cleaning and tidying up that needs to happen before the holidays with this 7-minute speed cleaning checklist and challenge.

The goal is to semi-deep clean different areas of your home and each job or set of tasks should take you just 7 minutes to complete. If you tackle each room, you should be done in about an hour's

Crank up your favorite holiday tunes and get to your home all cleaned up in a dash.

You'll want to use Art of Green because it is the perfect natural cleaner to help you get this speed cleaning done as quickly as possible.

### 7-Minute Kitchen Clean

- Spray and wipe down all countertops with Art of Green.
- Spray and wipe down all appliances with Art of Green.
- Sweep and mop the floors.

### 7-Minute Dining Room Clean

- Vacuum or sweep the floors or rugs.
- Wipe down the table.
- Set out the centerpiece.

### 7-Minute Living Room

- Dust the furniture.
- Vacuum or sweep the floors or rugs.
- Set out magazines, throw blankets, or extra throw pillows.

### 7-Minute Bedroom Clean

- Declutter.
- Vacuum or sweep the floors or rugs.
- Wipe down or polish any furniture.

### 7-Minute Guest Bathroom Clean

- Use a wet wipe from Art of Green to wipe down the sink and faucet fixtures, and then spray and wipe down the countertops with Art of Green.
- Clean the mirrors.
- Sweep and spot clean the floor.
- Scrub the toilet with cleaner and wipe down the seat and base.
- Store extra toilet paper and cleaning supplies (Art of Green wipes box) under the bathroom sink.