

# KIDS COOKING

## LESSONS

### DINNER PART 2 SHOPPING LIST



#### HOMEMADE SLOPPY JOES

1 lb. ground beef  
15 oz. can tomato sauce  
1 Tbsp mustard  
2 1/2 Tbsp cider vinegar  
3 Tbsp brown sugar  
1 Tbsp minced onion  
1 Tbsp paprika  
1 tsp ground cumin  
1 tsp garlic powder  
1 tsp salt  
1 tsp pepper  
Hamburger buns

#### CHEESY CHICKEN ENCHILADAS

3 cups shredded rotisserie chicken  
4 cups shredded Monterey Jack cheese  
1 cup red salsa  
Salt and pepper  
12 oz. can enchilada sauce  
12 corn tortillas

#### HONEY MUSTARD SALMON

4 - 1/4 lb. salmon fillets  
Salt and pepper

2 Tbsp honey  
2 Tbsp Dijon mustard  
1 Tbsp apple cider vinegar

#### CHICKEN AND BROCCOLI ALFREDO

12 oz. box penne pasta  
2 cups shredded rotisserie chicken  
24 oz. jar alfredo sauce  
12 oz. bag frozen broccoli florets  
2 cups shredded mozzarella cheese  
Garnish: shaved Parmesan cheese  
Side: salad

#### BBQ MEATBALL SLIDERS

1 1/2 lbs. ground beef  
1 egg  
1/2 cup Italian seasoned breadcrumbs  
Salt and pepper  
1 cup BBQ sauce  
16 slider buns  
4 slices provolone cheese

